

# STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: September 21-28, 2024

**Saturday  
September 21**

Flag Football from 10-11AM

**Monday  
September 23**

Breakfast: Waffle Sticks, Fried Egg, Sausages, Cheese Stick  
 Lunch: Pizza, Cottage Cheese  
 FCA Meeting - 7:15AM in Mr. Pfeiffer's room - Breakfast will be served  
 WIN - 2nd period  
 JH VB @ EMF in **EXETER** - 1:30PM - Bus leaves @ 11:15AM  
 FOOTBALL PRACTICE 4-6PM  
 VOLLEYBALL PRACTICE 4-6PM

**Tuesday  
September 24**

Breakfast: Biscuits, Omelet, Sausage Patty  
 Lunch: Scalloped Potatoes w/ Ham, Roll  
 WIN - 1st period  
 FOOTBALL PRACTICE 4-6PM  
 VB vs. HTRS (JV/V) HOME - 5PM - PARENTS NIGHT - Parents be here by 5:30PM  
 Chick-fil-A from 4:30-8PM (card only) Junior class fundraiser



**Wednesday  
September 25**  
**2:45PM**  
**DISMISSAL**

**NO PRESCHOOL**  
 Breakfast: Cream Cheese filled Cinnamon Toast Bar, Egg Patty, Cheese Stick  
 Lunch: Mac & Cheese w/ Ham, PBJ Sandwich  
 3rd & 4th Grade Field Trip to Humboldt Fair Grounds - Bus leaves @ 8AM  
 WIN - 8th period  
 Midwest Grads (Soph/Sen) 9:45AM  
 Apply2College (Seniors)  
 JH VB @ Freeman - 1:30PM - Van leaves @ 12:15PM  
 FOOTBALL PRACTICE 4-6PM  
 VOLLEYBALL PRACTICE 4-6PM

**Thursday  
September 26**

Breakfast: Egg & Sausage Breakfast Burrito, Hash Browns  
 Lunch: Chicken Tenders w/ Gravy  
 WIN - 7th period  
 FOOTBALL PRACTICE 4-6PM  
 VOLLEYBALL PRACTICE 4-6PM  
 Trap Meeting - 7PM in the Cafeteria - Anyone interested!

**Friday  
September 27**

Breakfast: Chef's Choice  
 Lunch: Chef's Choice  
 WIN - 6th period  
 VOLLEYBALL PRACTICE 6-7:45AM  
 FB vs. Silver Lake - HOME - 7PM  
 - Football & Cheer PARENTS NIGHT - Parents be here by 6:40PM

**Saturday  
September 28**

Flag Football from 10-11AM  
 Wilber Clatonia Quad - 10AM - Vans leave @ 8:15AM - Will be posted ASAP  
 Freeman JH VB Tournament - 9AM - Bus leaves @ 8AM - Bracket on back

**Ziggi's COFFEE**  
 is coming to  
**STERLING**  
 Saturday, September 28  
 9:30AM - 11:00AM  
 During ELEM & HS Flag Football  
**FB Field Concession Stand**  
 FREE WILL DONATION



Drinks will include hot cocoa, coffee  
 and an Energy Infusion  
 Proceeds to JET FB & Athletics

**IMPORTANT DATES: OCTOBER**

- 9 NO PREK
- 9 2:45PM Dismissal - Teacher Inservice
  
- 17 NO PREK
- 17 1:37PM Dismissal - P/T Conf 2:30-8PM
  
- 18 NO SCHOOL
  
- 23 NO PREK
- 23 2:45PM Dismissal - Teacher Inservice
  
- 30 NO PREK
- 30 NO ELEMENTARY - Elem. Teacher Inservice

**JH Extended Practices**  
**VB - Practice until 4:15 PM**  
**FB - Practice until 4:30 PM**

Tuesday, Sept. 24th - FB Only  
 Thursday, Sept. 26th

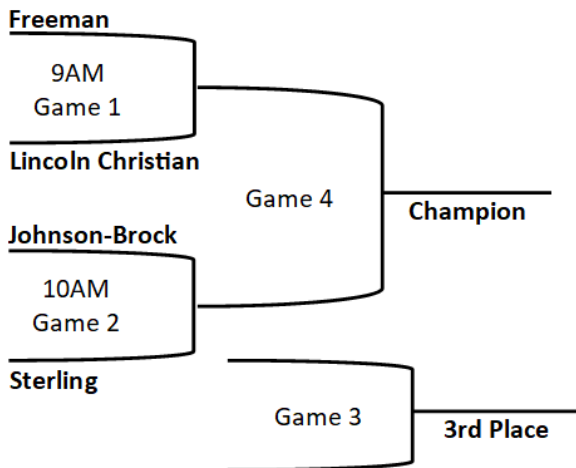
Tuesday, Oct. 1st  
 Thursday, Oct. 3rd  
 Tuesday, Oct. 8th - FB Only  
 Thursday, Oct. 10th  
 Tuesday, Oct. 15th - VB Only  
 Thursday, Oct. 17th - VB Only  
 Tuesday, Oct. 22nd - VB Only

*All of the above dates are subject to change if conditions warrant.*

*\*This institution is an equal opportunity provider \*Menu is subject to change without notice \*Breakfast served with Fruit, Milk/Juice \*Lunch served with Fruit, Veggies, Salad Bar, Milk*  
 Stay up to date with all things JET related by going to the school website: [www.sterlingjets.org](http://www.sterlingjets.org), our [Facebook](#) page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](https://twitter.com/spsjetpride)

**FREEMAN JH VB  
 TOURNAMENT 9/28**

**SOUTH GYM**



**ATTENTION**

**JET Booster Club planning meeting - ALL parents of PreK-12 students are welcome!**

Wednesday, October 2  
 7:00PM  
 School Cafeteria



**GUARDIAN CAP  
 FUNDRAISER**

**REDUCES IMPACT**  
 Reduces impact of daily blows

**\$60 EACH**

**ONE SIZE FITS ALL**  
 Fits all helmets youth-adult

Donations are welcome at the school office.

**LIGHTWEIGHT**  
 Weighs less than 7 ounces

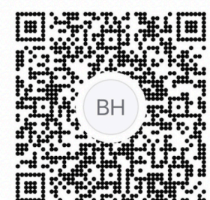
**GOAL: \$1800**

**QUIET**  
 Dampens soundwaves and vibrations, removing loud "crack" of the helmet

Checks payable to SPS  
**VENMO: SPSJetsFB**

**MOVES**  
 Elastic straps allow shifting at impact, redirecting energy

**INSULATES**  
 Reduces radiant heat from sunlight up to 20 degrees



**venmo**